

# Economic Self Sufficiency

## Human Services Agency



Navjeet Singh  
Director of Economic Self Sufficiency

# What we do

## Public Benefits Programs

- Health Care Coverage
- Food Assistance
- Temporary Financial Assistance
- 5 regional locations
  - Daly City
  - South San Francisco
  - Belmont
  - Redwood City
  - East Palo Alto





Residents being served

100,370 Households –  
168,005 Individuals

= One (1) of every 4 residents

# Health Care Coverage

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## Medi-Cal

- 92,123 Households – 157,127 Individuals
  - Largest Program



# Health Care Coverage



## Medi-Cal

- What is it? What is covered?
- How does one apply for it?
  - Who is eligible?

Household Size	138% FPL Adult group	213% FPL Pregnant
1	1732	2674
2	2352	3630
3	2970	4584
4	3588	5538
5	4208	6495
6	4826	7449



# Health Care Coverage

## ACA (Affordable Health Care Act)

- County/State Partnership

Household Size	400% FPL APTC
1	5020
2	6816
3	8608
4	10400
5	12196
6	13988



# Food Assistance

## CalFresh

\*Formerly known as Food Stamps

\*Also known as SNAP

(supplemental nutrition assistance program)

- 22,373 Households – 35,015 Individuals



cal fresh  
BETTER FOOD FOR BETTER LIVING

COUNTY OF SAN MATEO  
HUMAN SERVICES AGENCY

COUNTY OF SAN MATEO



# Food Assistance

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## CalFresh

- How to apply
- Who is eligible?
- Myths

Household Size	Max Gross Income	Max Monthly Benefit
1	2430	291
2	3288	535
3	4144	766
4	5000	973
5	5858	1155
6	6714	1386





# Food Assistance

## CalFresh

- How does it work?







# Temporary Financial Assistance

## CalWORKs

(California Work Opportunities and Responsibility to Kids)

- 763 Households, 1,765 Individuals

Household Size	Max Gross Income
1	899
2	1476
3	1829
4	2170
5	2476
6	2785



# Temporary Financial Assistance

## General Assistance

- 472 Individuals

Household Size	Max Gross Income
1	732



# Temporary Financial Assistance

## CAPI (Cash Assistance Program for Immigrants)

- 345 Individuals

Household Size	Max Gross Income
1	1182

# Foster Care & Adoptions

## Programs & Current Caseloads

- Foster Care: 91
- Kinship/Legal Guardianship: 36
- Non-Minor Dependent: 28
- Adoptions: 374
- Former Foster Youth: 119



# Human Services Agency

Medi-Cal - CalFresh - CalWORKs - General Assistance - CAPI



Call us

1-800-223-8383



Visit our website

CoveredCA.com

or

BenefitsCal.com



Fax

650-620-9732

A printable application is available online  
<https://www.smcgov.org/hsa/apply-medi-cal>



Visit us in-Person

\*Open Monday - Friday  
8:00 am - 5:00 pm

Office locations:

- 400 Harbor Blvd, Bldg B, Belmont
- 2500 Middlefield Rd, Redwood City
- 271 92nd ST. Daly City
- 2415 University Ave. 3rd FL, East Palo Alto

COUNTY OF SAN MATEO



# Economic Self Sufficiency

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# Questions?

Navjeet Singh  
Director of Economic Self Sufficiency  
[Nnsingh@smcgov.org](mailto:Nnsingh@smcgov.org)  
650-802-5159

